

The Advice and Admonition to the Revealers of Treasures

abridged from Canto 93 of *The Life and Liberation of Padmasambhava*

Now Padmasambhava of Uddiyana uttered at the appropriate moment a testament of friendly admonition:

To keep yourself from the cycle of worldliness, know that attachment and yearning are obstacles to the Dharma and will break the Achievement. Work out your Achievement in some place free of hindrances; forcefully cut the ties of whatever restricts you. Do not be the ruin of yourself; these are words from my heart.

Happy is he who has no desire. When one is successful, the reward proceeds from within, so leave the purpose of others alone and pursue your own. Tighten your restless mind, and widen your awareness; take measure of your wandering thoughts, and steady as Mount Meru, enter into meditation. Obtaining steadiness, there is the undimming and unchanging luminosity. Your friends do not reveal these qualities, so remain alone.

After a time the Achievement to work for the good of beings will come naturally. Nourish yourself and dress yourself without deviating from the most humble poverty; use only what you need to merely sustain your life and protect yourself from the wind.

When the treasure of riches comes forth, the treasure of the Dharma no longer has its place. When the treasure of the Dharma comes forth, the treasure of riches no longer has its place. Both thoughts cannot arise at the same time ... Put on your heavy armour and carefully acquire knowledge. The words of Padma are infallible ... Do not show yourself a braggart or lose your dignity. Be of good character – this is my heartfelt advice. Most men are like the sun at the peak of a mountain – soon to set. Therefore, who is there in whom we can trust? When the life of the treasure is not understood, all kinds of evil will come.

When man's mind is affected by demons, perception is not clear. You will lose. Therefore do not involve yourself! How can the precepts of the Buddha ever deceive? Until you have attained the stage of warmth, be wary of Attainments; the Black Demon reveals himself strongly in the presence of the profound Dharma. Do not rest on a doctrine which you have not learned yourself! Boastfulness provokes envy, so do not show a high profile - that is the heart of my advice ... Until your work is completed, plan carefully! Be stoical and attentive! This is my advice. Saying there are obstacles will get you nowhere; do what you can at the time. This is my advice.

... Acting to please others rather than as one should, is to sell the priceless Doctrine. Let these three expressions: **I do not have, I do not understand, I do not know**, be repeated over and over again. That is the heart of my advice.

... Your actions should agree with your views - that is the essence of my advice ... Practice your whole lifetime; wrap yourself in the Dharma!